

30<sup>TH</sup> ANNIVERSARY REVIVAL OF  
INTERNATIONAL SHOULDER COURSE

MISEC  
MUNICH INTERNATIONAL  
SHOULDER AND ELBOW  
COURSE

21.09. – 23.09.2026

Episode V



**Veranstaltungsort**

Katholische Akademie in Bayern  
Mandlstraße 23, 80802 München  
ArthroLab Freiham

**Wissenschaftliche Leitung**

Prof. Dr. med. Sebastian Siebenlist  
Prof. Dr. med. Lucca Lacheta

unter dem Patronat



International Faculty · Re-Live Operation  
Lunch-Workshops · Hands-on Arthroscopy

SPECIAL GUEST – PROF. ANDREAS B. IMHOFF

08:00	Registration	
08:25	Welcome	Siebenlist, Lacheta

## SHOULDER INSTABILITIES PART I

Chairs: Siebenlist/Imhoff

08:30	First time shoulder dislocation – my treatment strategy	Münch
08:45	How I deal with anterior glenoid-rim fractures	Braun
09:00	Recurrent anterior shoulder instability without glenoid bone loss	Ostermann
09:15	Recurrent anterior shoulder instability with glenoid bone loss	Akgün
09:30	Posterior shoulder Instability – diagnosis and treatment options	Lacheta
09:45	Discussion	
10:15–10:45	Coffee break	

## SHOULDER INSTABILITIES PART II

Chairs: Lacheta/Braun

### RE-LIVE-DEMO

10:45	„Classic“ Latarjet Procedure	Siebenlist
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### RE-LIVE-DEMO

11:00	„Modern“ Latarjet Procedure	Scheiderer
11:15	Acute acromioclavicular joint dislocation – do we still need surgery?	Lanz
11:30	Management of chronic acromioclavicular joint instability	Siebenlist
11:45	Treatment of lateral clavicle fractures	Akgün
12:00	Medial clavicle fractures and SC instabilities	Schwarz
12:15	Discussion	

12:15–13:15	Lunch break & Workshops	
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## ROTATOR CUFF

Chairs: Siebenlist/Imhoff

13:15	Arthroscopic subscapularis repair and biceps management	Otto
13:30	Arthroscopic supraspinatus repair – how I do it	Scheiderer
13:45	Optimizing healing in arthroscopic rotator cuff repair	Lanz
14:00	Irreparable posterolateral RCT – I do a Partial repair	Braun
14:15	Irreparable posterolateral RCT – I do biceps rerouting	Ostermann

### RE-LIVE-DEMO

14:30	<b>Middle Trapezius Transfer</b>	Lacheta
14:45	Irreparable posterolateral RCT – I do a Lower trapezius Transfer	Siebenlist
15:00–15:30	Coffee break	

## OSTEOARTHRITIS

Chairs: Ostermann/Akgün

15:30	Decision-making process – which implant should we use?	Münch
15:45	Anatomic arthroplasty – my approach	Ostermann

### LIVE-DEMO

16:00	<b>Implant positioning for RTSA</b>	Siebenlist
16:15	Adding navigation – Necessary?	Lacheta
16:30	Periprosthetic infection – Update	Akgün
16:45–17:00	Discussion	

## THE UNSTABLE ELBOW

Chairs: Siebenlist/Rosso

08:15	„Simple“ elbow dislocation – then and now	Hackl
08:30	Complex elbow dislocation	Klug
08:45	Boundaries of ligament reconstruction	Lenich
	<b>RE-LIVE DEMO</b>	
09:00	<b>lateral ligament repair &amp; reconstruction</b>	Schoch
	<b>RE-LIVE DEMO</b>	
09:15	<b>medial ligament repair &amp; reconstruction</b>	Rosso
09:30–10:00	Coffee break	

## THE STIFF PAINFUL ELBOW

Chairs: Müller/Lacheta

	<b>RE-LIVE DEMO</b>	
10:00	<b>Arthroscopic tour</b>	Lacheta
10:15	(Osteo-)Chondral lesions	Thiele
10:30	Arthroscopic release	Siebenlist
10:45	Open Column procedure	Wegmann
11:00	Out of the box solutions	Müller
11:15	Discussion	
11:30–12:30	Lunch break & Workshops	

## ALL ABOUT TENDON

Chairs: Hackl/Schoch

12:30	Lateral elbow pain management	Schoch
12:45	Medial elbow pain management	Rosso
	<b>RE-LIVE DEMO</b>	
13:00	<b>Distal biceps repair</b>	Siebenlist
13:15	Distal triceps repair	Lacheta
13:30	Discussion	
13:45–14:15	Coffee break	

## ELBOW FRACTURES

Chairs: Klug/Siebenlist

	<b>RE-LIVE DEMO</b>	
14:15	<b>Approach to the coronoid</b>	Siebenlist
	<b>RE-LIVE DEMO</b>	
14:30	<b>Fixation of the coronoid</b>	Hackl
14:45	Terrible triad	Klug
15:00	Proximal ulnar fractures	Thiele
15:15	Fracture arthroplasty – hemi or total	L. P. Müller
15:30	Discussion & Goodbye	
17:00	Wiesn' Abend (kostenpflichtig)	

# PROGRAM

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## ARTHROLAB ARTHREX – VORLÄUFIG

08:30	Welcome Arthrex Cafeteria		
09:00 – 10:30	<b>Bankart-Repair, LBS</b>	—	<b>ASK, Plica resection</b>
10:30 – 11:00	Coffee break		
11:00 – 12:30	<b>RCR, subacromial</b>	—	<b>ASK, cartilage treatment</b>
12:30 – 13:30	Lunch break		
13:30 – 15:00	<b>AC-Joint/Latarjet</b>	—	<b>OATS/distaler Bizeps</b>
15:00 – 15:30	Coffee break		
15:30 – 16:15	<b>Arthroplasty</b>	—	<b>LUCL-/MUCL-Repair</b>
16:15	Farewell		



**PD Dr. Doruk Akgün** – Charité Universitätsmedizin Berlin  
**Prof. Dr. Sepp Braun** – Gelenkpunkt Innsbruck  
**Prof. Dr. Michael Hackl** – Universitätsmedizin Mannheim  
**Prof. Dr. Andreas Imhoff** – Sportorthopädie TUM Universitätsklinikum  
**Prof. Dr. Alexander Klug** – BG Unfallklinik Frankfurt a.M.  
**Prof. Dr. Lucca Lacheta** – Sportorthopädie TUM Universitätsklinikum  
**Prof. Dr. Andreas Lenich**, ZEST, München  
**Dr. Ulrich Lanz** – Sportorthopädie Praxis Wien  
**Prof. Dr. Lars Peter Müller** – Universitätsklinikum Köln  
**PD Dr. Lukas Münch** – Sportorthopädie TUM Universitätsklinikum  
**Prof. Dr. Claudio Rosso** – ARTHROmedics Basel  
**PD Dr. Bastian Scheiderer** – ZFOS München  
**Dr. Christian Schoch** – St. Vinzenz Klinik Pfronten  
**PD Dr. Markus Schwarz** – Unfallchirurgie TUM Universitätsklinikum  
**Prof. Dr. Sebastian Siebenlist** – Sportorthopädie TUM Universitätsklinikum  
**Dr. Kathi Thiele** – Auguste-Viktoria-Klinikum Berlin  
**PD Dr. Roman Ostermann** – Herz Jesu Krankenhaus Wien  
**PD Dr. Alexander Otto** – Sportorthopädie TUM Universitätsklinikum

23.09.2026

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# REFERENTEN