

30TH ANNIVERSARY REVIVAL OF
INTERNATIONAL SHOULDER COURSE

MISEC
MUNICH INTERNATIONAL
SHOULDER AND ELBOW
COURSE

21.09. – 23.09.2026

Episode V



Veranstaltungsort

Katholische Akademie in Bayern
Mandlstraße 23, 80802 München
ArthroLab Freiham

Wissenschaftliche Leitung

Prof. Dr. med. Sebastian Siebenlist
Prof. Dr. med. Lucca Lacheta

unter dem Patronat



International Faculty · Re-Live Operation
Lunch-Workshops · Hands-on Arthroscopy

SPECIAL GUEST – PROF. ANDREAS B. IMHOFF

08:00	Registration	
08:25	Welcome	Siebenlist, Lacheta

SHOULDER INSTABILITIES PART I

Chairs: Siebenlist/Imhoff

08:30	First time shoulder dislocation – my treatment strategy	Münch
08:45	How I deal with anterior glenoid-rim fractures	Braun
09:00	Recurrent anterior shoulder instability without glenoid bone loss	Ostermann
09:15	Recurrent anterior shoulder instability with glenoid bone loss	Akgün
09:30	Posterior shoulder Instability – diagnosis and treatment options	Lacheta
09:45	Discussion	
10:15–10:45	Coffee break	

SHOULDER INSTABILITIES PART II

Chairs: Lacheta/Braun

RE-LIVE-DEMO

10:45	„Classic“ Latarjet Procedure	Siebenlist
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RE-LIVE-DEMO

11:00	„Modern“ Latarjet Procedure	Scheiderer
11:15	Acute acromioclavicular joint dislocation – do we still need surgery?	Lanz
11:30	Management of chronic acromioclavicular joint instability	Siebenlist
11:45	Treatment of lateral clavicle fractures	Akgün
12:00	Medial clavicle fractures and SC instabilities	Schwarz
12:15	Discussion	

12:15–13:15	Lunch break & Workshops	
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ROTATOR CUFF

Chairs: Siebenlist/Imhoff

13:15	Arthroscopic subscapularis repair and biceps management	Otto
13:30	Arthroscopic supraspinatus repair – how I do it	Scheiderer
13:45	Optimizing healing in arthroscopic rotator cuff repair	Lanz
14:00	Irreparable posterolateral RCT – I do a Partial repair	Braun
14:15	Irreparable posterolateral RCT – I do biceps rerouting	Ostermann

RE-LIVE-DEMO

14:30	Middle Trapezius Transfer	Lacheta
14:45	Irreparable posterolateral RCT – I do a Lower trapezius Transfer	Siebenlist
15:00–15:30	Coffee break	

OSTEOARTHRITIS

Chairs: Ostermann/Akgün

15:30	Decision-making process – which implant should we use?	Münch
15:45	Anatomic arthroplasty – my approach	Ostermann

LIVE-DEMO

16:00	Implant positioning for RTSA	Siebenlist
16:15	Adding navigation – Necessary?	Lacheta
16:30	Periprosthetic infection – Update	Akgün
16:45–17:00	Discussion	

THE UNSTABLE ELBOW

Chairs: Siebenlist/Rosso

08:15	„Simple“ elbow dislocation – then and now	Hackl
08:30	Complex elbow dislocation	Klug
08:45	Boundaries of ligament reconstruction	Wegmann
	RE-LIVE DEMO	
09:00	lateral ligament repair & reconstruction	Schoch
	RE-LIVE DEMO	
09:15	medial ligament repair & reconstruction	Rosso
09:30–10:00	Coffee break	

THE STIFF PAINFUL ELBOW

Chairs: Müller/Lacheta

	RE-LIVE DEMO	
10:00	Arthroscopic tour	Lacheta
10:15	(Osteo-)Chondral lesions	Thiele
10:30	Arthroscopic release	Siebenlist
10:45	Open Column procedure	Wegmann
11:00	Out of the box solutions	Müller
11:15	Discussion	
11:30–12:30	Lunch break & Workshops	

ALL ABOUT TENDON

Chairs: Hackl/Schoch

12:30	Lateral elbow pain management	Schoch
12:45	Medial elbow pain management	Rosso
	RE-LIVE DEMO	
13:00	Distal biceps repair	Siebenlist
13:15	Distal triceps repair	Lacheta
13:30	Discussion	
13:45–14:15	Coffee break	

ELBOW FRACTURES

Chairs: Klug/Siebenlist

	RE-LIVE DEMO	
14:15	Approach to the coronoid	Siebenlist
	RE-LIVE DEMO	
14:30	Fixation of the coronoid	Hackl
14:45	Terrible triad	Klug
15:00	Proximal ulnar fractures	Thiele
15:15	Fracture arthroplasty – hemi or total	L. P. Müller
15:30	Discussion & Goodbye	
17:00	Wiesn' Abend (kostenpflichtig)	

PROGRAM

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ARTHROLAB ARTHREX – VORLÄUFIG

08:30	Welcome Arthrex Cafeteria		
09:00 – 10:30	Bankart-Repair, LBS	—	ASK, Plica resection
10:30 – 11:00	Coffee break		
11:00 – 12:30	RCR, subacromial	—	ASK, cartilage treatment
12:30 – 13:30	Lunch break		
13:30 – 15:00	AC-Joint/Latarjet	—	OATS/distaler Bizeps
15:00 – 15:30	Coffee break		
15:30 – 16:15	Arthroplasty	—	LUCL-/MUCL-Repair
16:15	Farewell		



PD Dr. Doruk Akgün – Charité Universitätsmedizin Berlin
Prof. Dr. Sepp Braun – Gelenkpunkt Innsbruck
Prof. Dr. Michael Hackl – Universitätsmedizin Mannheim
Prof. Dr. Andreas Imhoff – Sportorthopädie TUM Universitätsklinikum
Prof. Dr. Alexander Klug – BG Unfallklinik Frankfurt a.M.
Prof. Dr. Lucca Lacheta – Sportorthopädie TUM Universitätsklinikum
Dr. Ulrich Lanz – Sportorthopädie Praxis Wien
Prof. Dr. Lars Peter Müller – Universitätsklinikum Köln
PD Dr. Lukas Münch – Sportorthopädie TUM Universitätsklinikum
Prof. Dr. Claudio Rosso – ARTHROmedics Basel
PD Dr. Bastian Scheiderer – ZFOS München
Dr. Christian Schoch – St. Vinzenz Klinik Pfronten
PD Dr. Markus Schwarz – Unfallchirurgie TUM Universitätsklinikum
Prof. Dr. Sebastian Siebenlist – Sportorthopädie TUM Universitätsklinikum
Dr. Kathi Thiele – Auguste-Viktoria-Klinikum Berlin
PD Dr. Roman Ostermann – Herz Jesu Krankenhaus Wien
PD Dr. Alexander Otto – Sportorthopädie TUM Universitätsklinikum

23.09.2026

PROGRAM

REFERENTEN